

# Umeå University

## Fact Sheet 2021–2022



### Study under the Northern Lights!

Formally established in 1965, Umeå University is a comprehensive university covering research and education in medicine, science and technology, social sciences, arts and humanities, and educational sciences.

We are renowned for our Buddy Programme offered to all international students. We offer more than 280 courses in English to exchange students and have highly international staff as well as modern facilities, ensuring qualitative education to our incoming students.

Umeå is a vibrant student city whose proximity to nature makes outdoor activities accessible all year around.



UMEÅ UNIVERSITY



# EXCHANGE INFORMATION

<b>Level of exchange</b>	<p>Undergraduate courses Graduate course</p> <p>Short semester, one semester, a full academic year or one calendar year.</p>
<b>Semester dates</b>	<p><b>Autumn semester:</b> 30 August–16 January</p> <p><b>Full academic year:</b> 30 August–5 June</p> <p><b>Spring semester:</b> 17 January–5 June</p>
<b>Nomination period</b>	<p><b>Autumn semester and full academic year:</b> 1 March–1 April</p> <p><b>Spring semester and calendar year:</b> 1 September–1 October</p> <p><b>Important:</b> Only online nominations in Solemove within the nomination period will be accepted.</p>
<b>Application period</b>	<p><b>Autumn semester and full academic year:</b> 1 March–15 April</p> <p><b>Spring semester and calendar year:</b> 1 September–15 October</p> <p>You will receive an e-mail from our nomination system <a href="#">Solemove</a> once you have been nominated by the coordinator at your home university. Please check your inbox and spam folder regularly.</p>
<b>Insurance</b>	<p>Exchange students are covered by an insurance policy, <a href="#">Student IN</a>. The insurance covers necessary and reasonable costs for emergency health, dental care and damage to property. Travels outside of Sweden is not included in the cover. EU/EEA citizens are required by the Swedish authorities to bring the <a href="#">European Health Insurance Card</a>.</p> <p><b>Please note!</b> No matter which nationality, students are strongly advised to have their own Health, Travel and Accident insurance policy.</p>

## Contact details

### International Coordinators

Alexandra Lindén  
Helena Löfstrand  
Elisabeth Nyström

Phone: 0046(0) 90 786 50 00  
E-mail: [incoming.io@umu.se](mailto:incoming.io@umu.se)  
Umeå University  
SE-901 87 Umeå  
Sweden





# ACADEMIC INFORMATION

<p><b>Course catalogue</b></p>	<p>Umeå University offers a wide range of courses in English for exchange students: <a href="http://www.umu.se/en/exchange-student-courses">www.umu.se/en/exchange-student-courses</a></p> <p>If you want to apply for courses instructed in Swedish, you need to have reached a level of B2 or C1 depending on which course you want to apply for.</p> <p>Contact International Office for more information: <a href="mailto:incoming.io@umu.se">incoming.io@umu.se</a></p>
<p><b>Course load</b></p>	<p>One academic term comprises 20 weeks. This corresponds to approximately 40 hours of study per week including a varying number of lectures and classes. Most courses consist of 7.5, 15 or 30 ECTS.</p> <p>1.5 ECTS is the equivalent to one week of full-time study.</p>
<p><b>Submitting an application</b></p>	<p><b>Courses should not clash</b> According to the Swedish study system full-time courses (100 % tempo) are taken <b>one at a time rather than parallel</b>. Therefore, it is important to carefully check which week each course starts and ends. The information is available under “Application and Eligibility” on the individual course page.</p> <p>More information about the study duration can be found at: <a href="http://www.umu.se/en/education/study-system/">www.umu.se/en/education/study-system/</a></p> <p><b>Course changes are very restricted</b> Please note that we have no add/drop period. Your course selection will be set after the application deadline.</p> <p><b>Course requirements</b> The requirements are not recommendations; it is necessary to fulfil them.</p> <p><b>30 ECTS equals full-time studies</b> If you are admitted to 30 ECTS the exceeding courses that you have applied for will be dropped, with the exemption for Swedish for International Students, Beginners’ Course I, II, III. These courses can be selected in addition to 30 ECTS in other subjects.</p> <p><i>Note that you cannot get a residence permit for distance learning studies.</i></p>
<p><b>Examination period</b></p>	<p>Normally there are no final exams that cover the entire semester’s course work or that cover an entire general study programme. This means that exams are not given at the end of the semester, but rather at the end of each course.</p>

## Grading system

The Higher Education Ordinance states that the following grades may be awarded, unless the institution decides to grade on some other scale.

- Pass with Distinction (*väl godkänd*)
- Pass (*godkänd*)
- Fail (*underkänd*)

A number of courses use only two grades: Pass or Fail. Others, for example in Law and Engineering, traditionally use scales with several levels – expressed as letters or numbers. No overall grade is given for a degree and students are not ranked.

Your home university is responsible for any translation of your grades. To support the translation, the ECTS grading table is used at Umeå University. The grading table shows the distribution of awarded grades since the course was established with the current course code, until the date when you have completed your course. It will not show for courses established less than two years before the date you completed the course.

## Support for students with disabilities

We offer different kinds of individual support to students who have a disability. The aim of the support is to ensure that the student may pursue their studies under the same conditions as their peers.

**For further information, please visit:**

[www.umu.se/en/education/student-services--support/study-with-a-disability](http://www.umu.se/en/education/student-services--support/study-with-a-disability)





# ARRIVING AND ORIENTATION

<b>Recommended arrival days</b>	<b>Autumn semester 2021:</b> 23 and 24 August <b>Spring semester 2022:</b> 16 January
<b>Orientation</b>	The Orientation consists of a series of lectures and activities that are designed to help you become acquainted with life in Umeå and studies at our university. <a href="http://www.umu.se/en/orientation">www.umu.se/en/orientation</a>
<b>Accommodation</b>	Umeå University offers halls of residence close to the university. For more information, see the following webpage: <a href="http://www.umu.se/en/education/accommodation/student-housing">www.umu.se/en/education/accommodation/student-housing</a>  Prices vary from SEK 13 000–19 500 per term depending on the area. See area information for more details. A total service fee (non-refundable) of around SEK 800 is included. <b>Meal plan:</b> Students prepare their own meals in the common kitchen, in the halls of residence.  <b>Off-campus accommodation:</b> <a href="http://www.umu.se/en/education/accommodation/">www.umu.se/en/education/accommodation/</a>  Please note that we do not recommend students to rely on finding their accommodation after their arrival in Umeå.
<b>FAQ</b> <b>International Student Guide</b>	<a href="http://www.umu.se/en/education/exchange-students/frequently-asked-questions/">www.umu.se/en/education/exchange-students/frequently-asked-questions/</a> <a href="http://www.umu.se/en/student-guide">www.umu.se/en/student-guide</a>

